

Smell flowers, not smoke.



www.seattle.gov/parks/smokingban/

Seattle parks are smoke-free!

As of July 6, 2015, all of Seattle's public parks will be **smoke-free**! Smoke-free parks help reduce litter, promote healthy lifestyles for youth, and create a welcoming environment for all park users. Smoking is allowed in public rights-of-way including sidewalks.

Did you know?

- Tobacco use is the leading cause of death and disease both locally and in the United States.
- Cigarette butts are the most littered item in the world, with an estimated 5 trillion discarded each year.
- Cigarette butts are not biodegradable, and can take up to 15 years to decompose. During that time, they leach cadmium, arsenic, and other poisons into the soil. Cigarette butts may also be ingested by toddlers, pets, birds and fish.

If you would like to quit smoking, here are some resources:

English: 1-800-QUIT-NOW or 1-800-784-8669

Spanish: 1-855-DEJELO-YA or 1-855-335-3569

Chinese 1-800-838-8917

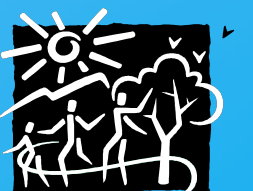
Korean: 1-800-556-5564

Vietnamese: 1-800-778-8440

TTY Line and video relay: 1-877-777-6534
(for hearing impaired)

Have Medicaid? Call 1-800-QUIT-NOW to be connected with your FREE resources.

Park visitors who have been given a written trespass warning for smoking in a park can set up a meeting to dispute the claim by emailing Right2dispute@seattle.gov or by calling 206-684-4075.



**SEATTLE PARKS
AND RECREATION**